



Menus

Stepping Stones strives to provide students with nutritious, delicious snacks and lunches.
The menu rotates every four weeks and the selections are nutritionist-reviewed.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
AM SNACK	Kix Milk	Blueberry muffins Milk	Pumpkin bread Milk	Bananas Milk	Yogurt Fruit punch
LUNCH	Beenie Weenies Corn bread Pineapple Milk	BBQ biscuits Green beans Mandarin oranges Milk	Turkey noodle casserole Broccoli Watermelon Milk	Meatloaf Wild Rice Pears Milk	Baby lasagna Salad (mixed veggies) Peaches Milk
PM SNACK	Saltines & Cheese Apple juice	Graham crackers Grape juice	Vanilla Wafers Orange juice (apple juice)	Bread/Margarine Apple juice	Oatmeal Cookies Milk
Week 2					
AM SNACK	Cinnamon waffles Milk	Cheese toast Apple juice	Animal crackers Milk	Ritz crackers Orange juice (apple juice)	Cheez-its Apple juice
LUNCH	Macaroni & Cheese Mixed vegetables Pears Milk	Tomato/rice hamburger Peas Apple slices (applesauce) Milk	Fish sticks Potato smiles Mandarin oranges Milk	Denver omelet bake Carrots Fruit cocktail Milk	Softshell tacos Refried beans Pineapple Milk
PM SNACK	Wheat crackers/string cheese Fruit punch	Chex Mix Milk	Vanilla pudding Pineapple juice	Apple cake Milk	Blueberry bars Milk

**Note: Substitutions for infants and toddlers are noted in parentheses*



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	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3					
AM SNACK	Vanilla wafers Milk	Jelly bread Milk	Bran muffins Orange juice (apple juice)	Kix cereal Milk	Graham crackers Milk
LUNCH	Sloppy joes French fries Peaches Milk	Chicken & noodles Salad (mixed veggies) Pineapple Milk	Spinach/rice casserole Saltine crackers Mandarin oranges Milk	Tuna sandwich Green beans Cantaloupe Milk	Sausage casserole Carrots Peaches Milk
PM SNACK	Saltines & cheese Apple juice	Bananas Fruit punch	Fruit bars Milk	Rice cakes Apple juice	Banana bread Grape juice
Week 4					
AM SNACK	Animal crackers Apple juice	Bagels & cream cheese Milk	Coffee cake Milk	Pancakes Pineapple juice (apple juice)	Townhouse crackers Fruit punch
LUNCH	Pizza Peas Applesauce Milk	Ham or Turkey sandwich Carrot sticks (Beets) Fresh fruit Milk	Tuna casserole w/peas Jello w/fruit Bread w/margarine Milk	Chicken nuggets Corn (yams) Fruit cocktail Milk	Shepherd's pie Green beans Peaches Milk
PM SNACK	Wheat crackers/String cheese Milk	Saltines & Cheese Apple juice	Chex Mix Orange juice	Oranges or grapes Milk	Carrot cake Milk

**Note: Substitutions for infants and toddlers are noted in parentheses*